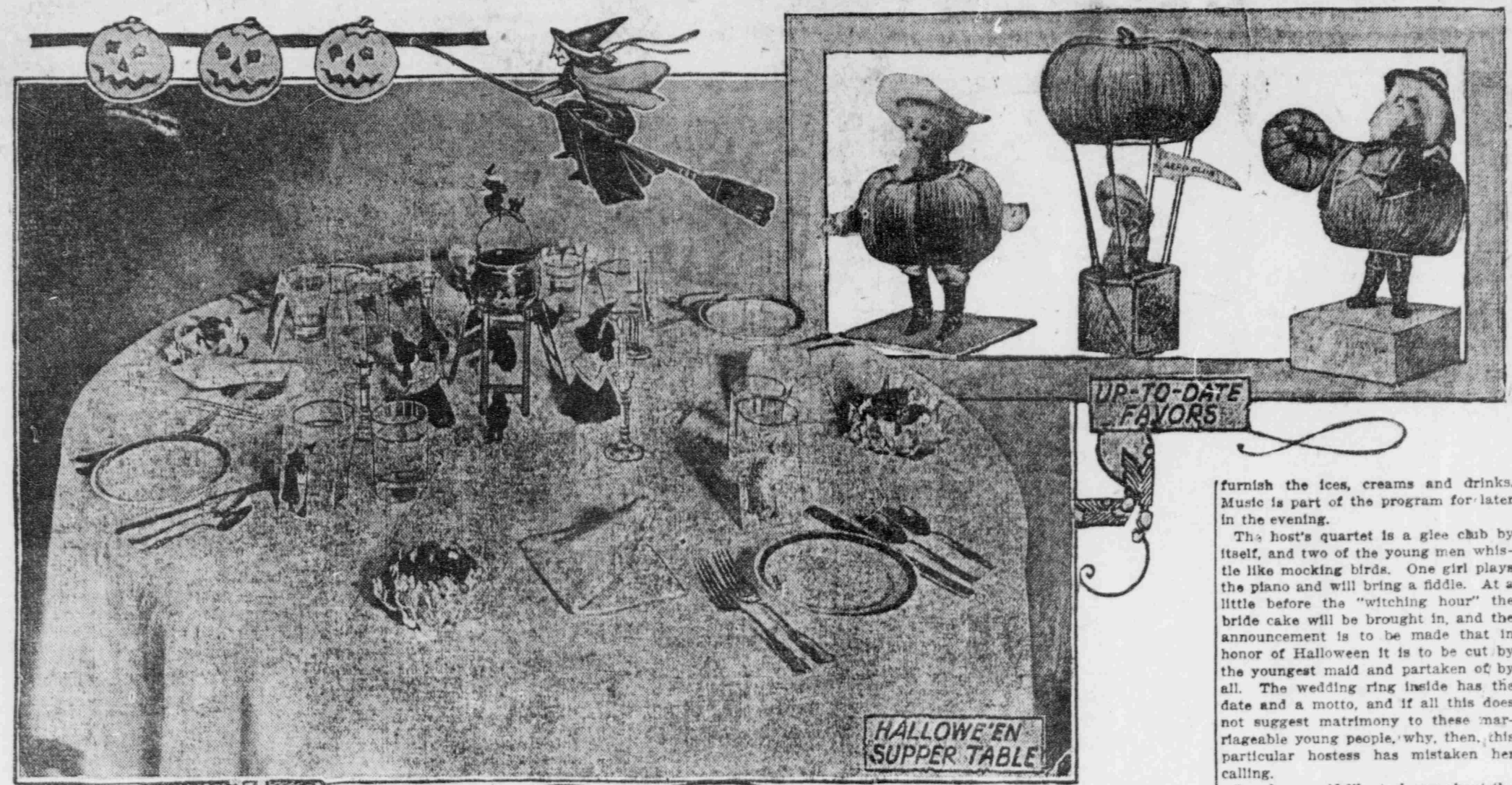


What Every Woman Should be Glad to Know

An All Halloween Venture



Catching Cupid With a Cookery Net

FOR this year's revels an original hostess has provided the following program to entertain her guests on Allhalloween night. As you will learn, it is a daring innovation, nothing old, but something modern, up to date, to suit this materialistic age. Why not as against superstition? In the faroff ages some one had to invent the tests of mirror, flour, apples, nuts and spooky stories. So aren't a real live girl and a real live man worth more than any kind of ghost? But I am getting a little ahead of my story. To retrace, this hostess has for husband a judge who is greatly interested in young and aspiring

lawyers, as his delightful wife is in girls of the working professional sort. This year the judge has four promising embryo judges under his wing and his spouse a cooking class composed of as many fascinating girls—two are church singers and two are fine musicians—and the stunts these girls have already done in the cooking line since the class was organized early in September amaze an old housekeeper. The plan that she has made for Halloween night is having her girls cook a supper for the judge's boys. The guests have all accepted the invitation, which does not hint at any attempts at divination into future events.

To quote the hostess: "I asked the girls as a special favor to cook the supper, saying the judge has asked four legal lights, and it will tide over a dilemma. If you four girls will cook the supper, they think the cook will be away, and besides, think it will be a lark." It seems that the girls are to bring their prettiest evening gowns and share the supper they have cooked. There are to be four courses, and the host and hostess have had amusing times lately trying to find out the pet dishes of the four young men, so that the menu may be arranged accordingly. They all agreed on oysters, so one of the girls, who creams oysters delightfully, will furnish these as a first course. Lobster à la Newburg was

also a unanimous favorite. Happily another girl, a chafing dish artist, does this fit for royalty. The third course is to be roast turkey with old fashioned seasoned bread dressing. Every man of them confessed to a more than holiday liking for the national bird. The prettiest girl of the quartet of cooks is "great" on poultry and especially the old fashioned dressing which her grandmother, a New England woman, taught her to make. The stunning brunette makes the most melting pumpkin pies—yellow, creamy and seasoned to a charm. She will manufacture for the Halloween supper two pies and a dozen cranberry tarts and the cranberry jelly for the turkey. The coffee, bread and finger rolls are to be made by the girls, and the judge will

furnish the ices, creams and drinks. Music is part of the program for later in the evening.

The host's quartet is a glee club by itself, and two of the young men whistle like mocking birds. One girl plays the piano and will bring a fiddle. At a little before the "witching hour" the bride cake will be brought in, and the announcement is to be made that in honor of Halloween it is to be cut by the youngest maid and partaken of by the wedding ring inside has the date and a motto, and if all this does not suggest matrimony to these marriageable young people, why, then, this particular hostess has mistaken her calling.

I reckon you'd like to know about the table decorations. Well, in the center will be a cauldron with a witch sitting astride a broom. Ladders made of cardboard and painted green lead to the cauldron, with little black cats crawling up them. The witches are easily made, for they consist of a stick for a body. On this cloth is wound, and a felt skirt of red is used, with a tiny bit of white cloth hemmed for a shawl, and a red felt hat. The broom is made from broom material, and it is put on an olive of wood and tied with pink cord. The nut cups are of chrysanthemum paper, and pictures of witches leaning on broomsticks are on the table. Pumpkins dressed up in harvest style and proffering fruit and the reproduction of an aeroplane with a pumpkin body are to hold the ices and bonbons.

DAPHNE DEAN.



ALL ABOUT THE HOUSE

AN OCTOBER MENU.

BREAKFAST.
Grapes.
Cereal and Cream.
Bacon.
Coffee.
Rolls.
LUNCHEON.
Stuffed Tomatoes.
Cream Cheese.
Tea.
Biscuits.
DINNER.
Mutton Broth.
Fried Chicken.
Rice.
Sweet Potatoes.
Pepper Salad.
Friar's Pudding.
Coffee.

Friar's Pudding.—Take six apples, one small lemon, one tablespoonful of butter, one-fourth pound of sugar, two eggs and two tablespoonfuls of bread-crumbs. Pare and core the apples, cut them in small pieces and put into a lined pan with the sugar, butter, rind of lemon grated and the juice strained. Stew until soft. Beat the apples with a fork and add them to the eggs, beaten, and the crumbs, pour in the mixture and coat with crumbs. Bake in a moderate oven for about three-quarters of an hour. This pudding may be turned out or served in the dish.

EASY WAY TO CLEAN LACE YOKE.
If instead of taking lace yokes and cuffs out of dresses when soiled they

are rubbed with dry starch, then brushed, the lace will look like new.

THE CURTAINS ON SWEEPING DAY.

SEW small brass rings to the corners of the curtains where they touch the floor. Next screw small brass hooks to the window frames. The curtains can then be fastened high up from the floor on the days the room is "turned out" for sweeping without the use of pins, which often cause damage to draperies as well as to fingers.

FLUID GLUE.

A liquid glue that will keep for years can be made by breaking up small pieces of glue and placing them in a bottle with some whisky. Cork tight and let it stand for two or three days. It will be found ready for use except in very cold weather, when the bottle should be placed in hot water for a few minutes before the glue is used.

VARNISHED MATTING.

Some people always treat a new matting to a coat of varnish, asserting that its wearing qualities are greatly increased.

Peril In the Pin

Whoever thought of the woeful possibilities of pins in things? Not pins in one's clothing, reprehensible as that is, though calculated to harm only oneself, but the injury we may do to others by the careless, indiscriminate use of pins.

In letters, for instance, it is cruel of us to pin things—perhaps a sample going to a shop to be matched or a piece of a frock we wish a bosom friend to see. Our intentions in doing these things are innocent enough, but the postman who takes the letter from the box, the clerk in the shop who opens it or even our friend herself, all unsuspecting of danger, may get a pin prick or a finger ruthlessly torn open, with results both serious and painful.

When we carelessly throw pins into the wastebasket we breed danger for

the person who empties it by thrusting her hand in to draw out the contents. When we leave pins in our soiled garments we lay a calamity trap for the laundress, who may tear her hand in scrubbing into the pin, and she may be miserably maimed by our carelessness. When we toss pinned things about we are abominably forgetful of the next comer, who may inadvertently pick them up, to his or her undoing.

Let's stop this lawless habit of pins in things.

ODD WAY TO REST.

There is nothing that will rest you so quickly as to sit on a straight backed chair and, lifting the feet from the floor, push them out in front of you as far as possible, stretch the arms, put the head back, open the mouth wide and make yourself yawn.

Costume for Bride's Mother at Fall Wedding



OF LAVENDER SILK AND CHANTILLY LACE.

THE costume illustrated is a charming one for the elderly mother of the fall bride. The foundation is a lavender and green shot silk princess dress over which is draped a robe of black chantilly lace. The ever present kimono effect on the corsage is secured in a modified form by drapings of the chantilly lace. The inner vest of blond lace is delicately embroidered and outlined by bands of the green. The sleeves to the elbow are of lavender silk, with touches of blond lace and embroidery at the elbows. With this is worn a pretty touch of green and lavender in which touches of black are deftly introduced.

Is He My Other Self?

There is an old, old superstition which comes from ancient Egypt, and so interesting is it that it is strange palmists do not more frequently mention it. It is that unless the important lines on the hands of two people resemble one another these two are not really soul mates.

Look at the line of the heart—that long line across the palm of the hand beneath the bases of the fingers. Notice the thin and generally broken one that rises toward it from the wrist. These are the two above all others that should be alike in the hands of a betrothed pair.

Call it coincidence, what you will, this resemblance will be found in almost every happily married middle aged pair.

HERE IS A VEIL PRECAUTION.

Expensive veils are often ruined in a few wearings by stretching out of shape. This can be prevented by stitching each edge on the machine before wearing the first time. If silk the color of the veil is used and the line run in the thickest part of the border the work cannot be detected.

Besides running the edges it helps to keep a veil in shape by hemming the ends. This is always done on chiffons, but it is advisable in nets and open meshed effects as well.

As an additional precaution each time a veil is taken off roll it on a thick mauling tube covered with cretonne or silk. See that the edges are kept even in the rolling.

Treated with care as to pinning so as not to tear with hatpins and with occasional alcohol baths, even a cheap veil should give good service, while more costly meshes prove worth the money put into them.

WHY DO YOU DO IT, GIRLS?
There is a most disfiguring fad among a certain class of girls to whiten their faces in such a ghastly and startling fashion that the chalky visage of the clown is positively rosy by way of contrast. These same girls make the whiteness doubly white by using some kind of red preparation on their lips, and many of them have gone the length of Polaire, the so called "ugliest woman in the world," and rouge their tongues.

Now, these girls are not making up for a part on the stage, for, as a rule, the "white lady" is to be found in the ranks of the little business maidens hanging on to her "job" by some kind intervention of fate in the shape of a "pull."

Don't do it, girls. This application of white powder takes all the girlishness and beauty out of your faces, leaving them horrid spectacles for the passerby.

GLOVES TO WEAR THIS WINTER.
Owing to the dark colors, even of evening frocks, this winter, matched gloves will not be much in fashion, but black will be worn instead.

This is to be a white glove season. Both long and short white gloves will be very much worn, so see that your muff is lined with white satin.

The short and three-quarter length sleeves call for long gloves, and since this style prevails in dress gowns most of these long gloves will be of kid and silk.

Long gloves are not worn wrinkled and loose, but are pulled up smoothly and tightly. Twelve button lengths, therefore, are preferred to sixteen button.

Pastel shades will be chiefly worn for evening, but soft mode will be much in favor for street wear also.

—Ruth McEnery Stuart.

Lunches For Working Girls

For the ordinary lunch avoid the use of meat. It is expensive and not necessary if eaten once a day, preferably at dinner. Vegetable soup, fresh vegetables, bread and butter and fruit are excellent substitutes for heavier lunches of made dishes, such as croquettes or even the favorite hot roast beef sandwich.

When you can eat nothing else force a piece of bread and butter. There is a widespread idea that bread and butter, especially wheat bread, is only a filler without nourishment. A lecturer on food values has recently said that a

place of bread and butter equals in nourishing qualities three good slices of beef or one and a half eggs or half a glass of milk or sixteen oysters or eleven cupsful of homemade beef tea and twenty cupsful of that made from extracts.

A plate of rich cream is much more nourishing than a soda. Chocolate favors are especially valuable; also a good frozen custard. A large plate of ice cream with bread and butter rather than cake makes an excellent lunch and an inexpensive one if the bread is brought from home.

Artistic Effect With Flowers

The Japanese idea of an artistic effect obtained with a few blossoms is gradually gaining headway here in America. For example, a woman recently from two large begonias, two leaves and a small bunch of sweet alyssum, evolved a charming centerpiece for her dinner table.

The dish used was shallow, green and round, a pottery plate in the form of a lotus leaf. She put in about half an inch of water and broke every atom of stem from her two begonias, one of which was red and the other pink. Stemless, they rested flat on the bottom of the dish, and three begonia leaves she also stripped of stems and arranged near the blossoms. Finding,

then, that her dish, although a charming color bit, was literally flat, she took a vase of Venetian glass not more than two inches high, and in this she placed the alyssum. To "pull the vase and dish together," as she said, she nipped off a couple of alyssum heads and let them drop in the plate. The effect of the whole was charming and to be remembered these days, when garden flowers are decidedly on the wane.

Flat dishes are admirable for flowers that have no stems, and a person inexperienced in arranging flowers must not think that the dish is to be filled solid. On the contrary, if the dish is of pottery, metal or ornamental china, the bit of color it sends through the water adds greatly to the artistic effect.

As Beauty Blows the Bubbles



Photo by American Press Association

BLOWING BUBBLES FOR BEAUTY

EVERYBODY ought to be a beauty if the alleged beauty "cures and aids" gave them a "square deal." Many of the stunts are really of benefit, but a number more are absolute rot. Still, all are amusing from a humorous viewpoint. The latest advice from authoritative quarters is bubble blowing for beauty and for health. As the one is almost inseparable from the other, it looks as if there was something "into it."

Medical experts have found that there is nothing more beneficial to the lungs

than the blowing of soap bubbles that was our delight in childhood days. It is the all important breathing exercise carried out in a way that relieves it of its irksomeness. The idea is to take a deep breath and then blow a soap bubble as large as possible without taking another breath. The only real advantage of the bubble part of the exercise is that the bubble blowing provides an amusement that makes the deep breathing a pleasure. So bubble parties are going to be the feature of afternoon dove parties this winter.

BETTER THAN COCKTAILS.

Americans have acquired the bad habit of taking a cocktail as a preface to meals. They feel it to be an appetizer and general braiser.

Instead of this pernicious practice, which is bad for the digestion and in women is especially to be deplored, far better take a few minutes' complete rest before each meal.

Call this your relaxation-cocktail. To compound it is needed a comfortable couch or an easy chair, combined with utter relaxation of every tense muscle in the body.

Just loaf for ten minutes before meals and ten minutes after them and you will not suffer from indigestion. The pre-meal rest is particularly important, as the physical organs used in the process of digestion need to be rested and refreshed before beginning their work.

A woman who was accustomed to rush directly to her meals from the office was obliged to consult a specialist for bad dyspepsia. His first question was, "Do you eat when you are tired?"

CHRISTMAS NOT SO FAR OFF.
Christmas will steal upon the unprepared giver of gifts before she is aware. The merry day seems far off, according to the calendar, but not when it comes to making and buying things. If you are out of ideas for dress accessories look down this list and see if there is something new here:

Crowns and brims for lingerie hats.
Aprons.
Linen hand bags.
Lace edged or all over lace handkerchiefs.
Fans.
Collars, jabots and stocks.
Opera bags.
Belts of the silk knitted variety.
Stockings, embroidered.
Lingerie and shirt waists.
All of these articles make acceptable gifts.

IT PAYS TO HAVE A TRUNK REST.
If you have many visitors it pays to have a trunk rest in your guest room. Not only does it save your carpets and rugs, but the back of the guest, especially if her trunk is of the steamer variety.

When such a stand is not owned an extra rug to match the floor coverings and a little larger all round than an average trunk will prevent unsightly marks on your floor. See that the trunk is put on this rug; also that heavy blocks of wood are put back of the trunk against the wall so that the lid when lifted does not mark the wall.

A PAPER DOLL PARTY.
They were twelve little maids, literally from school, who were asked by the twelfth little maid's mother to come to spend the afternoon and bring their scissors. There were two colored fashion sheets for each guest to choose the lady they liked best; then they made complete wardrobes for this doll and had a perfectly lovely time. The dolls were taken home as souvenirs. Lemonade in tall glasses, with small cakes was served with ice cream snowballs, which were vanilla cream balls dipped in grated cocoanut.

NOVELTIES IN STATIONERY.

A pretty novelty in stationery is the use of a girl's Christian name at the top of her note paper. This should be stamped in facsimile of her handwriting across the upper left hand corner of the outer sheet, the stamping being done in her favorite color.

Change In Blouse Fashions



PRINTED NET WAIST WITH CHIFFON OVERBLOUSE.

IT is good news for womenkind that the separate blouse is coming into fashionable favor this season—that is, the blouse which tones but does not match the skirt worn with it. For several years we have dyed our lace and chiffon blouses the exact tone of our suits, but the latest decree of La Mode calls for the blouse of a decidedly different color. It's not so artistic or attractive, but it's the thing. So

let it be as fashion has decreed. The dainty waist pictured is destined for wear with the new winter suits of serge and diagonal cloths and is of printed net, with a yoke and cuffs of duchess lace. The bright colorings of the printed net are veiled with a navy blue chiffon over a blouse which is trimmed with corded buttons and ruffled braid. The little loops of blue satin give a military effect to the waist.

Japanese Women are Slim

Japanese women are slim and shapely in middle and latter life when women of most occidental countries are often stout and unwieldy. Why is this? Is it not because Japanese women sit on the floor when taking their meals and at other times when most people sit on chairs? The constant getting up and down and the reaching and away about when down keep the superfluous fat from accumulating around the hips and abdomen.

Might not western women take a lesson from their oriental sisters and by a few simple exercises keep their figures in spite of the increasing years?

The following exercises taken each morning for a few minutes before dressing would help materially toward this ideal:

Sit on the floor with the legs crossed, tailor fashion, and imitate a rowing motion with the arms.

Another exercise which might be taken alternately with this is to stretch out the arms horizontally with the shoulders and slowly sway the body from side to side until first the right hand and then the left touch the thigh.